

POSTOPERATIVE ENDODONTIC INSTRUCTIONS

Just a few reminders regarding your care after today's root canal therapy:

- Your tooth will be sore to biting and often times to touch for the next 5 to 7 days. The tooth may feel as if it is "high" when you bite your teeth together. In rare instances the soreness to biting may take 2 to 4 weeks to go away.
- Your tooth may ache over the next 5 to 7 days. The majority of our patients find that over the counter medications such as aspirin, Tylenol or Ibuprofen (Advil, Nuprin, and Motrin IB) work well. These over the counter medications may need to be taken as needed for the next 3 to 5 days. If Drs. Shaw, Ely or Dubos prescribe a prescription pain medication for you Please take only as directed.
- The gum tissue around your tooth may be sore after the procedure. This soreness will go away within 24 to 48 hours after the procedure.
- You may eat as you normally would as soon as the numbness has worn off. If the final filling has not been place in your tooth, you may chew lightly on the tooth in question until restored.
- If the permanent restoration was not placed at the time of the root canal, it is very important to have this restored within the next four to six weeks. After four to six weeks the temporary filling placed will begin to leak, this may allow for the contamination of your permanent root canal filling and may necessitate the re-treatment of your tooth.
- You may have been placed on an antibiotic after treatment or been instructed to continue with antibiotics prescribed by Drs. Shaw, Ely or Dubos. Please take these medications as prescribed.
- Feel free to call our office anytime with your questions. Please notify us if any of the following occur:
 - a. swelling around the tooth or in the face
 - b. pain unrelieved by the pain medication prescribed
 - c. any allergic reaction to any medication

We have enjoyed taking care of you!

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