

## Post Operative Crown Instructions

It is completely normal to have some sensitivity for up to 7-10 days. Sometimes patients get to day 10 and think they will have to call and symptoms are gone. However, if discomfort lingers beyond this 10 day mark, we need to hear from you!

We only crown teeth if they have previous failing restorations, large / deep fillings or crack lines. Any of these things can cause the nerve of the tooth to become problematic. PLEASE DO NOT SUFFER! DO NOT COME IN IN A MONTH AND TELL US IT HURT THE ENTIRE TIME! Make sure you call us if the symptoms linger!

The gum tissue might be a little sore from the braided thread that we pushed in there. It has been completely removed, but can make the gums feel like you were flossing hard trying to get a popcorn kernel out. Salt water rinses will help. If the gums do not bother you, you do not have to do anything.

Whatever you normally take for headache pain: Advil, Tylenol, Motrin, Excedrin, Aleve.. please take some before the numbness is gone. It is much easier to have some in your system, have the numbness wear off and be comfortable, then to be achy and try to fight it. So please, cover yourself for the next day or two!

Please be cautious of your temporary... it is only TEMPORARY! Hard, crunchy things can break it and chewy, sticky things can pull it off. If it comes off, we are here for you. However, they do not always come off at a convenient time when you can come right in and have them recemented. Therefore, we are giving you a take home kit of cement to help get it back on in an emergency. Instructions are included, but feel free to call us if you have any problems.

It is important that you get the temporary back on within a few days, as it holds the space for the permanent crown. Please do not leave it off for an extended period of time or the crown may not fit.

**PLEASE CALL IF ANY PROBLEMS ARISE! WE ARE HERE FOR YOU!**